

Pregnancy-Safe Medications

Colds + Allergies

- Airborne
- Benadryl (Diphenhydramine)
- Claritin (Loratadine)
- Cough Drops
- Dayquil
- Dimetapp
- Emergent C
- Flonase
- Hydrocodone Cough Syrup
- Menthol Throat Lozenges
- Mucinex DM
- Nasal Sprays
- Robitussin DM
- Sudafed (Plain)
- Zicam
- Zyrtec (Cetirizine HCL)

Pain + Fever

- Tylenol (Acetaminophen)

Upset Stomach + Heartburn

- Maalox
- Mylanta
- Nexium (Esomeprazole)
- Pantoprazole (Protonix)
- Pepcid (Famotidine)
- Prevacid (Lansoprazole)
- Prilosec (Omeprazole)
- Tagamet
- Tums
- Unisom
- Vitamin B-6
- Zantac (Ranitidine)

Medical Treatments

- Dentist - X-rays with shielding; Novocaine; Lidocaine; Tylenol 3; Percocet; Darvocet
- Flu Shots - Okay at any time
- TB Shots - Okay at any time, best after 1st Trimester

Antibiotics

- Amoxicillin
- Augmentin
- Omnicef
- Penicillin

Diarrhea

- Imodium
- Pepto Bismol

Constipation

- Colace (Docusate Sodium)
- Metamucil
- Milk of Magnesia
- Miralax

Sleep Aids

- Melatonin
- Unisom

Herpes

- Acyclovir (Zovirax)
- Famvir (Famciclovir)

Cold Sores

- Abreva

Hemorrhoids

- Anusol
- Dermaplast
- Dibucaine
- Preparation H
- Tucks

Antidepressant

- Zoloft (Sertraline)